



TRANSITION/TRANSFER OF PATIENTS TO ADULT CARE COMMUNITY RESOURCES SUPPORTING TRANSITION

STUDENT HEALTH – PUBLIC UNIVERSITIES AND COLLEGES	
BCIT Student Health Services http://www.bcit.ca/healthservices/	BCIT Student Health Services is a walk-in and appointment based clinic located on the Burnaby campus providing confidential episodic medical care for current BCIT students year round. We are committed to creating a culture of wellness to meet your physical, mental and social well-being.
Capilano University https://www.capilanou.ca/student-life/support-wellness/health-counselling-services/	General medical services are available to students at no charge on Tuesdays and Thursdays during the spring and fall terms. This office also offers dental hygiene services. Free and confidential counselling services are available.
Coast Mountain College https://www.coastmountaincollege.ca/student-services/health-wellness	Coast Mountain College offers free, confidential counselling services to all students who need support. The service is completely private and confidential and connects students with a counsellor in their own language and culture.
College of New Caledonia https://cnc.bc.ca/services/prince-george/health-wellness	The nurse practitioner or doctor is available if you do not have a family doctor, or if you require non-urgent care. Scheduled or walk in appointments. Services provided include: prescription refills; referral to other healthcare services; wart removal; Well Woman exams (PAP, STI, HIV testing); IUD insertions; chronic disease management, counselling.
College of the Rockies https://cotr.bc.ca/student-services/student-support/counselling-and-wellness/	All students at College of the Rockies are eligible to receive free counselling sessions. Counselling may be beneficial if you are experiencing any of the following: anxiety, stress, fear or depression; loneliness, unwanted feelings or habits; problems sleeping; trouble adjusting to college or with your classes; relationship difficulties; substance misuse; sexual concerns; mental health concerns or crisis.
Douglas College https://www.douglascollege.ca/student-services/support/counselling	Douglas College counsellors can assist with managing personal challenges, career planning and figuring out how to enjoy your studies and ease the pressure of college life. Three types of counselling services are offered: persona, career, and educational/student advocacy.
Emily Carr University of Art and Design https://www.ecuad.ca/student-life/student-services/counselling-and-wellness	Confidential personal counselling and therapy services are available free of charge to enrolled ECU students. Counselling Services gives students an opportunity to speak and be heard, as well as to gain clarity and an objective perspective on their situations. Through Counselling, students learn healthy ways (such as skills and strategies) to deal with their stressors. The Oasis Student Wellness Lounge offers dog therapy, breakfast club, wellness workshops, mindfulness meditation at The Oasis.
Kwantlen Polytechnic University https://www.kpu.ca/counselling	Counselling Services drop-in intake sessions are from 10am-12pm and 1-3pm from Monday to Friday at different campuses. These services are available if these concerns or others are ongoing and affecting your academics, sleep, or motivation: adjusting to university life and studies; stress; anxiety; sadness; feeling overwhelmed; relationship troubles; family issues; loss and/or grief; past experience of physical, sexual, or emotional violence; referrals to specialized help. There are several groups throughout each academic year on a variety of topics and issues.

<p>Langara Student Health Services</p> <p>http://langara.ca/student-services/health-services/</p>	<p>The Student Health Services staff is committed to providing confidential, friendly and accessible medical care for all Langara students. Health education information and resources are offered to assist students in making lower-risk choices and promoting healthy lifestyles during college and in the years beyond. A limited number of over-the-counter medications are available with an appointment to see either the doctor or the nurse. There is no charge for most of the services.</p>
<p>North Island College</p> <p>https://www.nic.bc.ca/student-services/counselling/</p>	<p>While attending North Island College all registered students may seek free, professional and confidential counselling support. Counsellors offer assistance and coaching in: career planning, interpretation and guidance of NIC policies & procedures, conflict resolution, learning strategies/study skills and personal challenges. Referrals will be recommended to community agencies and services when appropriate. Appointments for in-person counselling can be made at the Comox Valley, Campbell River and Port Alberni campuses. Telephone counselling can also be arranged.</p>
<p>Selkirk College</p> <p>http://www.selkirk.ca/services/student-support-services/wellness-centre</p>	<p>Selkirk College is piloting a Wellness Centre run by a Nurse Practitioner (NP) providing service for students. The NP can provide: comprehensive health assessments and perform check-ups; diagnose health conditions; treat and manage acute and chronic illness; treat and manage simple and complex health issues; order and interpret screening and diagnostic tests; order procedures; prescribe treatment and medications; refer clients to other healthcare professionals and specialists; provide counselling and education. Counselling services assist students to gather information, make plans and decisions, put plans and decisions into action, generate options, cope with crisis, and understand themselves and others. When appropriate, referrals are made to community agencies and services.</p>
<p>Simon Fraser University Health and Counselling Services</p> <p>https://www.sfu.ca/students/health/</p>	<p>The goal at Health and Counselling is to provide effective health care within SFU. The health clinic (doctors and nurses), counselling, psychiatrist, physiotherapist, and health promotion team are available to collectively and positively influence students' health and well-being. Services are available at the Burnaby and Vancouver clinics.</p>
<p>Thompson Rivers University</p> <p>https://www.tru.ca/current/wellness.html</p>	<p>The medical clinic is available to all registered students, staff, and faculty of TRU. TRU counsellors promote and support the career development, academic success and personal growth of all TRU students, and subject to availability, the career development of future students.</p>
<p>Trinity Western University</p> <p>https://www.twu.ca/wellness-centre</p>	<p>The Wellness Centre encourages developing a healthy lifestyle and recognizes there are times, especially during university life, when maintaining balance in life is difficult. The physicians and nurse are available to discuss key wellness issues such as nutrition, exercise, stress management, depression, sexual health, etc. Health Services are available to all TWU students, staff and faculty. For students our doctors can be your "family doctor" while you are in school. For faculty and staff, our doctors can provide urgent or intermittent care, but are not to replace your family physician. On-site Counselling Services are available to all Trinity Western students, staff, faculty and alumni.</p>
<p>University of British Columbia Student Health Services – Okanagan Campus</p> <p>https://students.ok.ubc.ca/health-wellness/student-health-clinic/</p>	<p>The Student Health Clinic provides treatment and consultation for any student health concerns, and offers health information and referrals for physical, emotional, or sexual/reproductive health. Our clinical team of Registered Nurses and General Practitioners can assist students with: assessment and treatment of health concerns, prescriptions, first aid, sexual and reproductive health, transcare management, lab tests, blood work, x-rays, ultrasounds, diagnostic scans, harm reduction supplies, allergy shots.</p>

<p>University of British Columbia Student Health Services – Vancouver Campus</p> <p>https://students.ubc.ca/health-wellness/student-health-service</p>	<p>Student Health Service offers a wide range of health assessments and treatments provided by doctors, nurse practitioners, nurses, and specialists. Nurse Practitioners (NPs) are advanced practice nurses who have completed masters level education. They perform assessments, make diagnoses, order tests, and prescribe medications. They work with physicians and other health professionals to provide comprehensive and ongoing care for patients.</p>
<p>University of Northern British Columbia Health Services</p> <p>https://www.unbc.ca/wellness-centre/health-services</p>	<p>Health Services helps students manage illness and health concerns, obtain information on relevant health and lifestyle topics, engage in health promotion, and manage healthy lifestyle changes during their university experience. All students currently registered with UNBC can access Health Services.</p>
<p>University of the Fraser Valley</p> <p>https://www.ufv.ca/services/</p>	<p>UFV provides counselling services to students and free take-home naloxone (thn) kits to students, faculty, and staff.</p>
<p>University of Victoria Health Services</p> <p>http://www.uvic.ca/services/health/</p>	<p>University Health Services (UHS) provides a full service primary health clinic for students, and coordinates healthy student and campus initiatives. We encourage students to use UHS as their primary point of health care while at UVic. The service is located at the Petersen Health Centre.</p>
<p>Vancouver Community College</p> <p>https://www.vcc.ca/services/services-for-students/counselling/</p>	<p>Whether you are a student or a college applicant, VCC offers professional, free and confidential counselling to help you choose a program, plan a career, manage a course load, make decisions and deal with stress, anxiety and personal matters. Counsellors also provide workshops on a variety of topics including study skills, stress and time management, communication skills and job search. Workshops may be offered as part of scheduled class time or during non–class time.</p>
<p>Vancouver Island University</p> <p>https://services.viu.ca/counselling/</p>	<p>Counselling Services offers free confidential and professional support to enrolled VIU students. Counsellors collaborate with students in a compassionate setting to clarify concerns, establish goals and explore resources for wellbeing. Services include: personal counselling; crisis response; wellness workshops & groups; orientation to counselling services; consultation with faculty and referrals,</p>