



## FACTSHEET: YOUTH WITH PSYCHOSIS

### WHO IS RESPONSIBLE FOR TRANSITIONING PATIENTS WITH PSYCHOSIS TO ADULT MENTAL HEALTH SERVICES?

#### For patients receiving services through a BC Early Psychosis Intervention (EPI) Program

BC EPI programs provide care to both youth and adults; there is no need for you to transition your patient to adult psychosis services. This is managed within the program.

The most responsible physician (community pediatrician or family physician) remains responsible for transition of other care services.

#### For patients who need but are not currently linked to a psychosis intervention program

BC's EPI programs are offered in each health authority area; scope of service and ages served vary by community. Physician referral is not required: Anyone can refer including self-referral.

- ▶ Please [click here](#) to find out more about services and service locations in BC communities, or enter this link into your browser [bit.ly/bcpsearlypi](http://bit.ly/bcpsearlypi)

BC offers psychosis mental health services through the Early Psychosis Intervention (EPI) Program and specialized services through the BC Psychosis Program. Family supports are available through the Kelty Mental Health Resource Centre.



### SPECIALIZED SERVICES FOR PATIENTS WHO HAVE NOT RESPONDED TO TREATMENT

The [BC Psychosis Program](#) is a provincial resource funded by BC Mental Health and Substance Use Services. The program is located at the UBC Hospital, and provides unique, highly specialized inpatient services to patients who require treatment for psychosis. Patients are referred to this program when other treatment approaches have been ineffective or partially effective. Each health authority coordinates its own referral process through the tertiary mental health facility within its region.

- ▶ Please [click here](#) for more information on the BC Psychosis Program, or enter this link into your browser [bit.ly/bcpspsychosisinfo](http://bit.ly/bcpspsychosisinfo)

### ARE YOU LOOKING FOR PSYCHOSIS INFORMATION AND SUPPORT FOR PATIENTS AND FAMILIES?

- ▶ Please [click here](#) to access Kelty Mental Health resources, or enter this link into your browser [bit.ly/bcpskeltymh](http://bit.ly/bcpskeltymh). These links will take you to the home page for Kelty Mental Health resources; to find psychosis-related resources, enter the word *psychosis* in the “how can we help” search bar. Or you can browse resources by category.

*The information in this document is drawn from a variety of sources and was accurate at the time of publication. BCPS acknowledges that this information may be subject to change.*