



FACTSHEET: PROFESSIONAL SUPPORT FOR CLINICIANS TREATING YOUTH WITH MENTAL HEALTH AND SUBSTANCE USE DISORDERS

CONSULTATION WITH CHILD AND YOUTH MHSU SPECIALISTS

Compass Mental Health: Supporting Providers

- ▶ Please [click here](#) for program information, or enter this link into your browser bit.ly/bcpscompass

Compass Mental Health
1-855-702-7272
Monday to Friday, 9am to 5pm

What is it?

- ▶ Telephone advice and support from mental health clinicians.
- ▶ Connection to local and online resources, and advice/assistance with referrals.
- ▶ Telehealth consultation to you and your patient, when needed.
- ▶ Streamlined access to specialized services for complex cases.
- ▶ Practice-focused training and education.

Who can use the service?

Community care providers who work with children and youth such as: primary care providers, specialist physicians, child and youth mental health clinicians, Foundry clinicians, and concurrent disorders/substance use clinicians.

EATING DISORDERS TOOLKIT

The *Eating Disorders Toolkit for Primary Care Practitioners (2018)* contains helpful information for physicians on assessment and management of eating disorders, including provincial consultation and specialized intensive treatment centres. While targeted to primary care practitioners, the toolkit contains information that pediatricians may find helpful.

- ▶ Please [click here](#) for more information, or enter this link into your browser bit.ly/bcpsedtool

PHYSICIAN CONTINUING MEDICAL EDUCATION

Doctors of BC Practice Support Program (PSP)

PSP provides CME-accredited training, support, and education for physicians and their medical office assistants through learning modules, small group learning sessions, and a practice support network.

- ▶ Please [click here](#) for PSP information, or enter this link into your browser bit.ly/bcpspsp

LearningLinks

LearningLinks is an online learning resource currently consisting of 15 Child and Youth Mental Health Modules which can be completed in 30-60 minutes. *Mainpro-C and MOC Section 2* credit eligible.

- ▶ Please [click here](#) for LearningLinks info, or enter this link into your browser bit.ly/bcpslearn

The information in this document is drawn from a variety of sources and was accurate at the time of publication. BCPS acknowledges that this information may be subject to change.



BC Centre on Substance Use

The BC Centre on Substance Use (BCCSU) is a provincially networked organization with a mandate to develop, help implement, and evaluate evidence-based approaches to substance use and addiction. The resource section of their website contains information for health care providers, patients and families.

- ▶ Please [click here](#) for information about the BC Centre on Substance Use, or enter this link into your browser bit.ly/bcpsbccsu

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