



FACTSHEET: TRANSITIONING ABORIGINAL YOUTH WITH MENTAL HEALTH DISORDERS

TERMINOLOGY DISCLAIMER: This document uses the term “Aboriginal” to include First Nations, Inuit, and Métis peoples. Colonial history and legal agreements give specific meanings to these terms which may impact service eligibility.

IS YOUR PATIENT RECEIVING MENTAL HEALTH SERVICES THROUGH ABORIGINAL CHILD AND YOUTH MENTAL HEALTH (ACYMH) SERVICES?

The *Youth Mental Health Transition Protocol Agreement* outlines the process for transition of mental health care for youth receiving care through Ministry of Children and Family Development (MCFD) Aboriginal Child and Youth Mental Health Services.

- ▶ Please [click here](#) to see the agreement, or [click here](#) for more information.

WHAT ABORIGINAL HEALTH AND MENTAL HEALTH SERVICES ARE AVAILABLE IN YOUR COMMUNITY?

Aboriginal health and wellness services, which may include culturally appropriate mental health and substance use treatment, are offered by health authorities in some communities. For the most current information contact your local health authority:

Fraser Health

- ▶ [Click here](#) to access information from Fraser Health, or enter this link in your browser bit.ly/bcpsfraserab

Interior Health

- ▶ [Click here](#) to access information from Interior Health, or enter this link in your browser bit.ly/bcpsinteriorab

Island Health

- ▶ [Click here](#) to access information from Island Health, or enter this link in your browser bit.ly/bcpsislandab

Northern Health

- ▶ [Click here](#) to access information from Northern Health, or enter this link in your browser bit.ly/bcpsnorthernab

Vancouver Coastal Health

- ▶ [Click here](#) to access information from Vancouver Coastal Health, or enter this link in your browser bit.ly/bcpsvancoastalab

Support for Aboriginal Youth with mental health disorders is available in many BC communities.



IS YOUR FIRST NATIONS PATIENT HAVING DIFFICULTY ACCESSING NEEDED SUPPORTS AND SERVICES?

[Jordan's Principle](#) is a federal program to ensure all First Nations children can access the products, services, and supports they need, when they need them. It can help with a wide range of health, social, and educational needs. This program applies to supports and services for First Nations youth age 19 or younger.

For more information, please [click here](#) or enter this link into your browser bit.ly/bcpsjordan

The information in this document is drawn from a variety of sources and was accurate at the time of publication. BCPS acknowledges that this information may be subject to change.



First Nations Health Authority (FNHA) Mental Wellness and Substance Use Resources

The FNHA website provides information on mental wellness and substance use focused on the presence of factors that promote and maintain physical, mental, emotional, and spiritual balance. Please [click here](#) for more information, or enter this link into your browser bit.ly/fnhawellness

- **First Nations Residential Treatment Centres in BC:** Please [click here](#) to access information on First Nations residential treatment centres in BC, or enter this link into your browser bit.ly/bcpsfnhatx

WHAT OTHER HEALTH AND SUPPORT SERVICES ARE AVAILABLE IN MY COMMUNITY?

PATHWAYS

Pathways is an online tool used by specialists and family physicians to find community resources, and to refer patients to an appropriate specialist. Many Divisions include information on family physicians accepting new patients in their Pathways database. Please [click here](#) to learn more about Pathways.

Please [click here](#) to find your local Division of Family Practice and learn more about Pathways in your community, or enter this link into your browser bit.ly/bcpsdivoffp

You can also contact the Provincial Pathways team by emailing administration@pathways.ca

FOUNDRY CENTRES

Foundry centres offer integrated services to young people ages 12-24 in 8 BC communities: future sites are anticipated. **Primary care, counselling, and peer support services are offered on a walk-in basis. If you have a patient you would like to refer, please contact your local centre prior to the referral to support the young person's transition of care.**

Please [click here](#) to find the most recent information on Foundry centre locations and hours of service, or enter this link into your browser bit.ly/bcpsfoundry

Foundry's website provides young people and their families with access to a variety of provincial phone, text, and chat options to connect youth to a trained volunteer or counsellor. Please [click here](#) to learn more about these options, or enter this link into your browser bit.ly/bcpsfoundrysupport

Foundry's online platform, foundrybc.ca includes a searchable database to provide users with information, resources, and connection to supports and services both online and in communities. Please [click here](#) to access the online database, or enter this link into your browser bit.ly/bcpscommunityservices

IS YOUR PATIENT ACCESSING RELEVANT FIRST NATIONS HEALTH BENEFITS?

The *First Nations Health Benefits Information Package* has essential information about the First Nations Health Benefits program, including dental, medical supplies and equipment, medical transportation, mental health, MSP, pharmacy, vision care, travel, general benefits, and more. Please [click here](#) for more information, or enter this link into your browser bit.ly/bcpsfnhabenefits

DO YOU NEED FORMS AND INFORMATION FOR FIRST NATIONS HEALTH BENEFITS BILLING?

Information for Health Providers providing service under the First Nations Health Benefits program. Please [click here](#) for more information, or enter this link in your browser bit.ly/bcpsfnhb

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