



FACTSHEET: MENTAL HEALTH AND WELL-BEING SERVICES FOR DEAF, HARD OF HEARING AND DEAF-BLIND PERSONS

THE DEAF, HARD OF HEARING & DEAF-BLIND WELL-BEING PROGRAM (WBP)



Who Does the WBP Program Serve?

The Well-Being Program (WBP) serves deaf, hard of hearing, and deaf-blind people and their families across BC. The services are available to children, youth (ages birth to 18 years), and adults (age 19+) in British Columbia. All services are confidential and free of charge.

What Services are Offered?

The WBP provides mental health and wellness services to all ages from young children to older adults. When appropriate, services may be provided to hearing family members of deaf individuals.

Counselling and Therapy

- ▶ Individual
- ▶ Couple
- ▶ Family
- ▶ Group

Other Services

- ▶ System navigation
- ▶ Advocacy
- ▶ Addiction support services
- ▶ Collaboration & consultation with community and hospitals
- ▶ Social and emotional skills developments
- ▶ Education related to deaf culture
- ▶ Psychiatric assessments and consultation
- ▶ Psycho-educational workshops and community education
- ▶ Mental Health interpreting

The WBP provides counselling for people dealing with depression, anxiety, trauma, or anger difficulties. The program also supports individuals in navigating life changes, exploring identity issues, and enhancing wellness.

Is a Referral Needed to Access Services?

Physician referrals are required for psychiatric assessment

- ▶ Please [click here](#) for more information on how to make a referral, or enter this link into your browser bit.ly/bcpsdeafwellbeingref
- ▶ Please [click here](#) for child and youth (to age 18) referral form, or enter this link into your browser bit.ly/bcpsdeafwellbeingform18
- ▶ Please [click here](#) for adult (age 19+) referral form, or enter this link into your browser bit.ly/bcpsdeafwelladult

Patients and families may self-refer for services other than psychiatry

- ▶ Please [click here](#) for information on self-referral, or enter this link into your browser bit.ly/deafwellselfref