



# children's health. today.

friday october 4 & saturday october 5, 2019  
exploring contemporary pediatric issues

PRELIMINARY PROGRAM

**REGISTER NOW!**

DAY  
01

**Mark your calendars.** You won't want to miss this upcoming conference which is presented through a partnership between the BC Pediatric Society and the BC Children's Hospital, Division of Pediatric Gastroenterology, Hepatology and Nutrition at UBC Robson Square on October 4 & 5, 2019.

Sponsored by:



## DAY 1: FRIDAY, OCTOBER 4 | BC PEDIATRIC SOCIETY

TIME	SPEAKER	PRESENTATION TOPIC
0820-0830	Welcome Remarks	
0830-0930	<b>Keynote Speaker:</b>  <b>Trevor Hancock, MB.BS, MHSc, Hon FFPH</b> Retired Professor and Senior Scholar, School of Public Health and Social Policy, University of Victoria	<b>Children's Health Tomorrow: What Does the Anthropocene Mean for the Health of Your Patients?</b>  Learning Objectives: <ul style="list-style-type: none"> <li>• Understand the scale and rapidity of the global ecological changes that constitute the Anthropocene</li> <li>• Recognise the health implications of these changes for their patients, now and over the course of their lifetimes</li> <li>• Identify personal and collective professional roles and responsibilities to help create a healthier future for their patients</li> </ul>
0930-1010	<b>Armansa Glodjo, MD, MSc, FRCPC</b> Clinical Assistant Professor, UBC Div of Developmental Pediatrics Medical Director, BC Autism Assessment Network Sunny Hill Health Centre for Children and  <b>Rashmeen Nirmal, PhD, R.Psych</b> Registered Psychologist Clinical Instructor, Dept of Pediatrics, UBC	<b>Assessing Autism Spectrum Disorder (ASD) in Girls: What Do We Look For?</b>  Learning Objectives: <ul style="list-style-type: none"> <li>• Understand the phenotypic differences in males and females with ASD, including clinical considerations for females</li> <li>• Learn and apply strategies and methods to screen for ASD in females</li> <li>• Learn about different resources and interventions available in British Columbia for children and teens with ASD</li> </ul>
1010-1040	Refreshment Break	
1040-1120	<b>Susan Albersheim, MD, FRCPC, PhD</b> Clinical Professor, Div of Neonatology, Dept of Paediatrics Neonatologist, Children's and Women's Hospitals of British Columbia	<b>The Management of Anticipated Extremely Preterm Birth: BC Guidelines for 2019</b>  Learning Objectives: <ul style="list-style-type: none"> <li>• Identify potential pitfalls in decision making for extremely preterm babies</li> <li>• Discuss outcomes for survival and neurodevelopmental impairment for extremely preterm babies</li> <li>• Define proposed guidelines for the management of anticipated extremely preterm births</li> </ul>



# children's health. today.

friday october 4 & saturday october 5, 2019  
exploring contemporary pediatric issues

PRELIMINARY PROGRAM

**REGISTER NOW!**

DAY  
01

TIME	SPEAKER	PRESENTATION TOPIC
1120-1200	<b>Breakout Session 1</b>	
	<b>Paul Thiessen, MD, FRCP(C)</b> Clinical Professor, Dept of Pediatrics, UBC	<b>Optimizing Care for Neonatal Abstinence Syndrome</b>  Learning Objectives: <ul style="list-style-type: none"> <li>• Understand the benefits of rooming-in as a strategy to improve management and outcomes of NAS</li> <li>• Understand that use of a numeric scoring system may be detrimental to optimal management of NAS</li> <li>• Understand the journey that our center experienced with a 'rooming in' model of care</li> <li>• Understand outcomes for infants with NAS</li> </ul>
	<b>Breakout Session 2</b>	
	<b>Trevor Hancock, MB.BS, MHSc, Hon FFPH</b> Retired Professor and Senior Scholar, School of Public Health and Social Policy, University of Victoria	<b>Creating Healthy One Planet Communities: Challenges and Opportunities for Young People</b>  Learning Objectives: <ul style="list-style-type: none"> <li>• Understand the scale and rapidity of the global ecological changes that constitute the Anthropocene</li> <li>• Recognise the health implications of these changes for their patients, now and over the course of their lifetimes</li> <li>• Identify personal and collective professional roles and responsibilities to help create a healthier future for their patients</li> </ul>
1210-1300	Lunch	
1300-1340	<b>Breakout Session 3</b>	
	<b>Michelle Clarke, BSc, MD, FRCPC</b> Pediatric Emergency Medicine, BCCH	<b>Assessing and Managing Child Physical Maltreatment - the First 24 Hours</b>  Learning Objectives: <ul style="list-style-type: none"> <li>• To recognize the significance of sentinel injuries in identifying child maltreatment</li> <li>• To identify features distinguishing accidental from inflicted injuries</li> <li>• To apply clinical decision rules to the assessment and recognition of child maltreatment</li> <li>• To formulate an evidence-based approach to the medical management of children when there is a concern for child maltreatment using clinical practice guidelines</li> </ul>
	<b>Breakout Session 4</b>	
	<b>Janet Greenman, BSc, MD, FRCPC, FAAP</b> Director, UBC Pediatric Residency Training Program	<b>WBA, EPA, CBD??? Competence By Design - What's It All About?</b>  Learning Objectives: <ul style="list-style-type: none"> <li>• Describe the Royal College 'Competence by Design' program across the spectrum of residency training and practice</li> <li>• Complete a work-based observation and assessment, using the concept of entrustment</li> <li>• Employ coaching feedback with learners</li> </ul>
1340-1420	<b>Sara Jassemi, MD, FRCPC</b> Adolescent Medicine Pediatrician, Clinical Assistant Professor, Div of Adolescent Health and Medicine, Dept of Pediatrics, BCCH, UBC	<b>Approach to the Health and Development of Youth New to Canada</b>  Learning Objectives: <ul style="list-style-type: none"> <li>• Describe the unique developmental considerations of youth who are new to Canada</li> <li>• Recognize the role of acculturation on identity formation in youth new to Canada</li> </ul>



# children's health. today.

friday october 4 & saturday october 5, 2019  
exploring contemporary pediatric issues

PRELIMINARY PROGRAM

**REGISTER NOW!**

DAY  
01

TIME	SPEAKER	PRESENTATION TOPIC
1420-1500	<b>Carol-Ann Saari, MD, FRCPC</b> Child and Adolescent Psychiatrist Foundry BC, Compass, Youth EPI VIHA Child Psychiatry Representative for the BC Psychiatric Association	<b>Risk Taking Behaviour in Adolescence</b>  Learning Objectives: <ul style="list-style-type: none"> <li>• Recognize the continuum of risk taking behaviour from typical to extreme</li> <li>• Describe the developmental changes occurring in the adolescent brain that influence risk taking</li> <li>• List practical strategies to help mitigate risk of adolescent sensation seeking behaviour</li> </ul>
1500-1530	Refreshment Break	
1530-1610	<b>James Lee, MD, FRCPC</b> Pediatric Neurologist Clinical Assistant Professor, UBC Assistant Medical Director, BC Children's Hospital Sleep Laboratory	<b>Sleep Disorders in Children &amp; Adolescents: An Introduction</b>  Learning Objectives: <ul style="list-style-type: none"> <li>• Demonstrate a basic understanding of relevant sleep physiology</li> <li>• Formulate a diagnostic approach to common sleep disorders, including sleep-disordered breathing and insomnia</li> <li>• Know the role of investigations, including polysomnography, in diagnosing sleep problems in children and adolescents</li> <li>• Develop an approach to the management of insomnia</li> <li>• Interpret and apply results of polysomnography and other tests</li> </ul>
1610-1650	<b>Aven Poynter, BSc, MD, FRCPC</b> Clinical Assistant Professor, Dept of Paediatrics, UBC  and <b>William Abelson, MD, FRCPC</b> Clinical Assistant Professor, Dept of Pediatrics, UBC Community Pediatrician, Prince George	<b>Pediatric Billing</b>  Learning Objectives: <ul style="list-style-type: none"> <li>• Understand the dos and don'ts of pediatric office billing</li> <li>• Understand the dos and don'ts of pediatric hospital billing</li> <li>• Understand the dos and don'ts of after-hours pediatric billing</li> </ul>
1650	Day One Ends	



# children's health. today.

friday october 4 & saturday october 5, 2019  
exploring contemporary pediatric issues

PRELIMINARY PROGRAM

**REGISTER NOW!**

DAY  
02

DAY 2: SATURDAY, OCTOBER 5 | BCCH DIVISION OF PEDIATRIC GASTROENTEROLOGY, HEPATOLOGY & NUTRITION

TIME	SPEAKER	PRESENTATION TOPIC
0830-0915	<b>Collin Barker, MD, MSc, FRCPC</b> Clinical Associate Professor, Div of Gastroenterology, Hepatology and Nutrition, BCCH Head, Celiac Clinic, BCCH	<b>To Wheat or Not to Wheat, That is the Question: Challenges in Celiac Disease and "Gluten Intolerance"</b>  Learning Objectives: <ul style="list-style-type: none"> <li>• Define non-celiac gluten sensitivity and recognize its clinical implications</li> <li>• Describe the rational use and interpretation of celiac screening tests (old/new TTG assays, DGP, TTG non-normalization)</li> <li>• Recognize up-and-coming issues and therapies in celiac (that your patients are reading about)</li> </ul>
0915-1000	<b>Sally Lawrence, MBChB, FRCPC</b> Clinical Assistant Professor, Div of Gastroenterology, Hepatology and Nutrition, BCCH  and <b>Kevan Jacobson, MBBCh, FRCPC, FACP, AGAF</b> Associate Professor, Senior Clinician Scientist and Head, Div of Gastroenterology, Hepatology and Nutrition, BCCH	<b>Use and Interpretation of GI Laboratory Testing in Pediatric Patients</b>  Learning Objectives: <ul style="list-style-type: none"> <li>• Discuss the utility of fecal calprotectin (FC) as a diagnostic tool</li> <li>• Discuss the utility of FC as a monitoring tool</li> <li>• Discuss how FC should be used in clinical care</li> <li>• Discuss the prevalence of C. difficile in pediatrics with reference to populations at risk e.g. hospitalized patients, IBD patients, hematology/oncology patients</li> <li>• Discuss when to test and which test to use</li> <li>• Discuss whether the Fecal Occult Blood Test (FOBT) has been validated for pediatrics and whether testing has utility in pediatrics</li> </ul>
1000-1030	Nutritional Break	
1030-1115	<b>Andrea Chapman, MD, PhD, FRCPC</b> Clinical Associate Professor, Dept of Psychiatry, UBC Medical Director, Consultation-Liaison BCCH Program Director, Child Psychiatry Subspecialty Program, UBC	<b>Functional GI Symptoms: An Update on Somatization and the Mind Body Connection</b>  Learning Objectives: <ul style="list-style-type: none"> <li>• Define somatization</li> <li>• Identify challenges in treating somatization</li> <li>• Learn a framework for comprehensive care</li> <li>• Apply simple effective intervention strategies</li> <li>• Use clinical resources for your patient care</li> </ul>
1115-1200	<b>Kirstin Wingate, BSc, MSc, RD</b> Registered Pediatric Dietitian Outreach and Outpatient Dietitian, BCCH  and <b>Debby Martins, BSc, MSc, RD</b> Registered Pediatric Dietitian Coordinator, Complex Feeding and Nutrition Service, BCCH	<b>Nutritional Considerations with Popular Diets</b>  Learning Objectives: <ul style="list-style-type: none"> <li>• Define current popular diets including dairy free, veganism, "paleo" and low carbohydrate diet</li> <li>• Identify which are the nutrients of concern in popular diets</li> <li>• Gain familiarity with using the new Canada food guide for nutrition education</li> </ul>
1200-1300	Lunch	



# children's health. today.

friday october 4 & saturday october 5, 2019  
exploring contemporary pediatric issues

PRELIMINARY PROGRAM

**REGISTER NOW!**

DAY  
02

TIME	SPEAKER	PRESENTATION TOPIC
1300-1400	<b>Workshop A</b>	
	<p><b>Andrea Chapman, MD, PhD, FRCPC</b> Clinical Associate Professor, Dept of Psychiatry, UBC Medical Director, Consultation-Liaison BCCH Program Director, Child Psychiatry Subspecialty Program, UBC</p> <p>and</p> <p><b>Andrew Skinn, MD, PhD, FRCPC</b> Pediatric Gastroenterologist, BCCH</p>	<p><b>Case Discussions: What To Do When Your Patient Presents with Somatization</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Help your patients/ families develop an understanding of the mind body connection</li> <li>• Develop strategies to engage patients/families in appropriate treatments</li> <li>• Use web based resources in patient/family care</li> </ul>
	<b>Workshop B</b>	
	<p><b>Linda Casey, MD, FRCPC, MSc</b> Director, Complex Nutrition &amp; Feeding, BCCH</p>	<p><b>Nutritional Evaluation of the Neurologically Impaired Child: What's New?</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Describe modifications to nutritional screening for neurologically impaired children that improve the ability to identify those at risk for complications from malnutrition</li> <li>• Describe specific elements of nutritional assessment for neurologically impaired children that improve the ability to identify those who require intervention</li> </ul>
1400-1500	<b>Workshop A</b>	
	<p><b>Andrea Chapman, MD, PhD, FRCPC</b> Clinical Associate Professor, Dept of Psychiatry, UBC Medical Director, Consultation-Liaison BCCH Program Director, Child Psychiatry Subspecialty Program, UBC</p> <p>and</p> <p><b>Andrew Skinn, MD, PhD, FRCPC</b> Pediatric Gastroenterologist, BCCH</p>	<p><b>Case Discussions: What To Do When Your Patient Presents with Somatization</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Help your patients/ families develop an understanding of the mind body connection</li> <li>• Develop strategies to engage patients/families in appropriate treatments</li> <li>• Use web based resources in patient/family care</li> </ul>
	<b>Workshop B</b>	
	<p><b>Linda Casey, MD, FRCPC, MSc</b> Director, Complex Nutrition &amp; Feeding, BCCH</p>	<p><b>Nutritional Evaluation of the Neurologically Impaired Child: What's New?</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Describe modifications to nutritional screening for neurologically impaired children that improve the ability to identify those at risk for complications from malnutrition</li> <li>• Describe specific elements of nutritional assessment for neurologically impaired children that improve the ability to identify those who require intervention</li> </ul>
1500-1530	Nutritional Break	



# children's health. today.

friday october 4 & saturday october 5, 2019  
exploring contemporary pediatric issues

PRELIMINARY PROGRAM

[REGISTER NOW!](#)

DAY  
02

TIME	SPEAKER	PRESENTATION TOPIC
1530-1615	<b>Vishal Avinashi, MD</b> Pediatric Gastroenterologist Div of GI / Hepatology / Nutrition, BCCH	<b>Eosinophilic Esophagitis Diagnosis and Management in 2019</b>  Learning Objectives: <ul style="list-style-type: none"><li>• Identify the most common symptoms for patients presenting with EoE</li><li>• Discuss how presentations differ with age</li><li>• Understand how EoE is diagnosed</li><li>• Recognize treatment strategies and their limitations</li></ul>
1615-1700	<b>Bruce Vallance, BSc. (Hons), PhD</b> Professor, Dept of Pediatrics, Div of Gastroenterology, UBC and BCCH CH.I.L.D. Foundation Chair in Pediatric Gastroenterology	<b>The Gut Microbiome: How Does it Affect Your Health?</b>  Learning Objectives: <ul style="list-style-type: none"><li>• Participants will learn about the composition of the gut microbiome and how it develops in children</li><li>• Participants will learn how disruption/dysfunction of the gut microbiome (dysbiosis) may predispose to disease</li><li>• Participants will learn about technologies used to study the microbiome and new therapeutic approaches using the microbiome to treat disease</li></ul>
1700	Day Two Ends	