Check out this ONLINE TOOL filled with resources to support your family's *social*, *physical* & *mental* wellbeing during COVID-19.

## SCAN THIS QR CODE



- 1 Open your phone's camera app.
- **2** Take a photo of this QR code.
- Family Resource Support Tool (FRST) will open on your phone!

OR GO TO <a href="https://tinyurl.com/FamiliesFRST">https://tinyurl.com/FamiliesFRST</a>