



children's health. today.

friday october 4 & saturday october 5, 2019
exploring contemporary pediatric issues

PRELIMINARY PROGRAM

REGISTER NOW!

12.75 CME CREDIT HOURS

DAY
01

Mark your calendars. You won't want to miss this upcoming conference which is presented through a partnership between the BC Pediatric Society and the BC Children's Hospital, Division of Pediatric Gastroenterology, Hepatology and Nutrition at UBC Robson Square on October 4 & 5, 2019.

Sponsored by:



DAY 1: FRIDAY, OCTOBER 4 | BC PEDIATRIC SOCIETY

TIME	SPEAKER	PRESENTATION TOPIC
0800-0820	Exhibitor Tables Open	
0820-0830	Welcome Remarks	
0830-0930	Keynote Speaker: Trevor Hancock, MB.BS, MHSc, Hon FFPH Retired Professor and Senior Scholar, School of Public Health and Social Policy, University of Victoria	Children's Health Tomorrow: What Does the Anthropocene Mean for the Health of Your Patients? Learning Objectives: <ul style="list-style-type: none">• Understand the scale and rapidity of the global ecological changes that constitute the Anthropocene• Recognise the health implications of these changes for their patients, now and over the course of their lifetimes• Identify personal and collective professional roles and responsibilities to help create a healthier future for their patients
0930-1010	Armansa Glodjo, MD, MSc, FRCPC Clinical Assistant Professor, UBC Div of Developmental Pediatrics Medical Director, BC Autism Assessment Network Sunny Hill Health Centre for Children and Rashmeen Nirmal, PhD, R.Psych Registered Psychologist Clinical Instructor, Dept of Pediatrics, UBC	Assessing Autism Spectrum Disorder (ASD) in Girls: What Do We Look For? Learning Objectives: <ul style="list-style-type: none">• Understand the phenotypic differences in males and females with ASD, including clinical considerations for females• Learn and apply strategies and methods to screen for ASD in females• Learn about different resources and interventions available in British Columbia for children and teens with ASD
1010-1040	Refreshment Break & Exhibitor Tables Open	
1040-1120	Susan Albersheim, MD, FRCPC, PhD Clinical Professor, Div of Neonatology, Dept of Paediatrics Neonatologist, Children's and Women's Hospitals of British Columbia	The Management of Anticipated Extremely Preterm Birth: BC Guidelines for 2019 Learning Objectives: <ul style="list-style-type: none">• Identify potential pitfalls in decision making for extremely preterm babies• Discuss outcomes for survival and neurodevelopmental impairment for extremely preterm babies• Define proposed guidelines for the management of anticipated extremely preterm births

* All presentations will take place in Room C300 unless otherwise noted.



children's health. today.

friday october 4 & saturday october 5, 2019
exploring contemporary pediatric issues

PRELIMINARY PROGRAM

12.75 CME CREDIT HOURS

REGISTER NOW!

DAY
01

TIME	SPEAKER	PRESENTATION TOPIC
1120-1200	Breakout Session 1 *Room C400	
	Paul Thiessen, MD, FRCP(C) Clinical Professor, Dept of Pediatrics, UBC	Optimizing Care for Neonatal Abstinence Syndrome Learning Objectives: <ul style="list-style-type: none"> • Understand the benefits of rooming-in as a strategy to improve management and outcomes of NAS • Understand that use of a numeric scoring system may be detrimental to optimal management of NAS • Understand the journey that our center experienced with a 'rooming in' model of care • Understand outcomes for infants with NAS
	Breakout Session 2	
	Trevor Hancock, MB.BS, MHSc, Hon FFPH Retired Professor and Senior Scholar, School of Public Health and Social Policy, University of Victoria	Creating Healthy One Planet Communities: Challenges and Opportunities for Young People Learning Objectives: <ul style="list-style-type: none"> • Understand the concept of a One Planet Community • Recognise the potential health co-benefits of the concept of a One Planet Community for their patients, now and over the course of their lifetimes • Identify the potential health challenges - especially for mental and social wellbeing - young people face in addressing the Anthropocene • Explore ways to frame the challenges in a positive way as potential opportunities for young people
1210-1300	Lunch & Exhibitor Tables Open	
1300-1340	Breakout Session 3	
	Michelle Clarke, BSc, MD, FRCPC Pediatric Emergency Medicine, BCCH	Assessing and Managing Child Physical Maltreatment - the First 24 Hours Learning Objectives: <ul style="list-style-type: none"> • To recognize the significance of sentinel injuries in identifying child maltreatment • To identify features distinguishing accidental from inflicted injuries • To apply clinical decision rules to the assessment and recognition of child maltreatment • To formulate an evidence-based approach to the medical management of children when there is a concern for child maltreatment using clinical practice guidelines
	Breakout Session 4 *Room C400	
	Janet Greenman, BSc, MD, FRCPC, FAAP Director, UBC Pediatric Residency Training Program	WBA, EPA, CBD??? Competence By Design - What's It All About? Learning Objectives: <ul style="list-style-type: none"> • Describe the Royal College 'Competence by Design' program across the spectrum of residency training and practice • Complete a work-based observation and assessment, using the concept of entrustment • Employ coaching feedback with learners
1340-1420	Sara Jassemi, MD, FRCPC Adolescent Medicine Pediatrician, Clinical Assistant Professor, Div of Adolescent Health and Medicine, Dept of Pediatrics, BCCH, UBC	Approach to the Health and Development of Youth New to Canada Learning Objectives: <ul style="list-style-type: none"> • Describe the unique developmental considerations of youth who are new to Canada • Recognize the role of acculturation on identity formation in youth new to Canada

* All presentations will take place in Room C300 unless otherwise noted.



children's health. today.

friday october 4 & saturday october 5, 2019
exploring contemporary pediatric issues

PRELIMINARY PROGRAM

12.75 CME CREDIT HOURS

REGISTER NOW!

DAY
01

TIME	SPEAKER	PRESENTATION TOPIC
1420-1500	Carol-Ann Saari, MD, FRCPC Child and Adolescent Psychiatrist Foundry BC, Compass, Youth EPI VIHA Child Psychiatry Representative for the BC Psychiatric Association	Risk Taking Behaviour in Adolescence Learning Objectives: <ul style="list-style-type: none">• Recognize the continuum of risk taking behaviour from typical to extreme• Describe the developmental changes occurring in the adolescent brain that influence risk taking• List practical strategies to help mitigate risk of adolescent sensation seeking behaviour
1500-1530	Refreshment Break & Exhibitor Tables Open	
1530-1610	James Lee, MD, FRCPC Pediatric Neurologist Clinical Assistant Professor, UBC Assistant Medical Director, BC Children's Hospital Sleep Laboratory	Sleep Disorders in Children & Adolescents: An Introduction Learning Objectives: <ul style="list-style-type: none">• Demonstrate a basic understanding of relevant sleep physiology• Formulate a diagnostic approach to common sleep disorders, including sleep-disordered breathing and insomnia• Know the role of investigations, including polysomnography, in diagnosing sleep problems in children and adolescents• Develop an approach to the management of insomnia• Interpret and apply results of polysomnography and other tests
1610-1650	Aven Poynter, BSc, MD, FRCPC Clinical Assistant Professor, Dept of Paediatrics, UBC and William Abelson, MD, FRCPC Clinical Assistant Professor, Dept of Pediatrics, UBC Community Pediatrician, Prince George	Pediatric Billing Learning Objectives: <ul style="list-style-type: none">• Understand the dos and don'ts of pediatric office billing• Understand the dos and don'ts of pediatric hospital billing• Understand the dos and don'ts of after-hours pediatric billing
1650	Day One Ends	

* All presentations will take place in Room C300 unless otherwise noted.



children's health. today.

friday october 4 & saturday october 5, 2019
exploring contemporary pediatric issues

PRELIMINARY PROGRAM

REGISTER NOW!

12.75 CME CREDIT HOURS

DAY
02

DAY 2: SATURDAY, OCTOBER 5 | BCCH DIVISION OF PEDIATRIC GASTROENTEROLOGY, HEPATOLOGY & NUTRITION

TIME	SPEAKER	PRESENTATION TOPIC
0800-0830	Exhibitor Tables Open	
0830-0915	Collin Barker, MD, MSc, FRCPC Clinical Associate Professor, Div of Gastroenterology, Hepatology and Nutrition, BCCH Head, Celiac Clinic, BCCH	To Wheat or Not to Wheat, That is the Question: Challenges in Celiac Disease and "Gluten Intolerance" Learning Objectives: <ul style="list-style-type: none">• Define non-celiac gluten sensitivity and recognize its clinical implications• Describe the rational use and interpretation of celiac screening tests (old/new TTG assays, DGP, TTG non-normalization)• Recognize up-and-coming issues and therapies in celiac (that your patients are reading about)
0915-1000	Sally Lawrence, MBChB, FRCPC Clinical Assistant Professor, Div of Gastroenterology, Hepatology and Nutrition, BCCH	Use and Interpretation of GI Laboratory Testing in Pediatric Patients Learning Objectives: <ul style="list-style-type: none">• Discuss the utility of fecal calprotectin (FC) as a diagnostic tool• Discuss the utility of FC as a monitoring tool• Discuss how FC should be used in clinical care• Discuss the prevalence of C. difficile in pediatrics with reference to populations at risk e.g. hospitalized patients, IBD patients, hematology/oncology patients• Discuss when to test and which test to use• Discuss whether the Fecal Occult Blood Test (FOBT) has been validated for pediatrics and whether testing has utility in pediatrics
1000-1030	Nutritional Break & Exhibitor Tables Open	
1030-1115	Andrea Chapman, MD, FRCPC Clinical Associate Professor, Dept of Psychiatry, UBC Medical Director, Consultation-Liaison BCCH Program Director, Child Psychiatry Subspecialty Program, UBC and Andrew Skinn, MD, PhD, FRCPC Pediatric Gastroenterologist, BCCH	Functional GI Symptoms: An Update on Somatization and the Mind Body Connection Learning Objectives: <ul style="list-style-type: none">• Define somatization• Identify challenges in treating somatization• Learn a framework for comprehensive care• Apply simple effective intervention strategies• Use clinical resources for your patient care
1115-1200	Kirstin Wingate, BSc, MSc, RD Registered Pediatric Dietitian Outreach and Outpatient Dietitian, BCCH and Debby Martins, BSc, MSc, RD Registered Pediatric Dietitian Coordinator, Complex Feeding and Nutrition Service, BCCH	Nutritional Considerations with Popular Diets Learning Objectives: <ul style="list-style-type: none">• Define current popular diets including dairy free, veganism, "paleo" and low carbohydrate diet• Identify which are the nutrients of concern in popular diets• Gain familiarity with using the new Canada food guide for nutrition education

* All presentations will take place in Room C300 unless otherwise noted.



children's health. today.

friday october 4 & saturday october 5, 2019
exploring contemporary pediatric issues

PRELIMINARY PROGRAM

12.75 CME CREDIT HOURS

REGISTER NOW!

DAY
02

TIME	SPEAKER	PRESENTATION TOPIC
1200-1300	Lunch	
1300-1400	Workshop A	
	Andrea Chapman, MD, FRCPC Clinical Associate Professor, Dept of Psychiatry, UBC Medical Director, Consultation-Liaison BCCH Program Director, Child Psychiatry Subspecialty Program, UBC and Andrew Skinn, MD, PhD, FRCPC Pediatric Gastroenterologist, BCCH	Case Discussions: What To Do When Your Patient Presents with Somatization Learning Objectives: <ul style="list-style-type: none"> • Help your patients/ families develop an understanding of the mind body connection • Develop strategies to engage patients/families in appropriate treatments • Use web based resources in patient/family care
	Workshop B *Room C400	
	Linda Casey, MD, FRCPC, MSc Director, Complex Nutrition & Feeding, BCCH	Nutritional Evaluation of the Neurologically Impaired Child: What's New? Learning Objectives: <ul style="list-style-type: none"> • Describe modifications to nutritional screening for neurologically impaired children that improve the ability to identify those at risk for complications from malnutrition • Describe specific elements of nutritional assessment for neurologically impaired children that improve the ability to identify those who require intervention
1400-1500	Workshop A	
	Andrea Chapman, MD, FRCPC Clinical Associate Professor, Dept of Psychiatry, UBC Medical Director, Consultation-Liaison BCCH Program Director, Child Psychiatry Subspecialty Program, UBC and Andrew Skinn, MD, PhD, FRCPC Pediatric Gastroenterologist, BCCH	Case Discussions: What To Do When Your Patient Presents with Somatization Learning Objectives: <ul style="list-style-type: none"> • Help your patients/ families develop an understanding of the mind body connection • Develop strategies to engage patients/families in appropriate treatments • Use web based resources in patient/family care
	Workshop B *Room C400	
	Linda Casey, MD, FRCPC, MSc Director, Complex Nutrition & Feeding, BCCH	Nutritional Evaluation of the Neurologically Impaired Child: What's New? Learning Objectives: <ul style="list-style-type: none"> • Describe modifications to nutritional screening for neurologically impaired children that improve the ability to identify those at risk for complications from malnutrition • Describe specific elements of nutritional assessment for neurologically impaired children that improve the ability to identify those who require intervention
1500-1530	Nutritional Break & Exhibitor Tables Open	

* All presentations will take place in Room C300 unless otherwise noted.



children's health. today.

friday october 4 & saturday october 5, 2019
exploring contemporary pediatric issues

PRELIMINARY PROGRAM

12.75 CME CREDIT HOURS

REGISTER NOW!

DAY
02

TIME	SPEAKER	PRESENTATION TOPIC
1530-1615	Vishal Avinashi, MD Pediatric Gastroenterologist Div of GI / Hepatology / Nutrition, BCCH	Eosinophilic Esophagitis Diagnosis and Management in 2019 Learning Objectives: <ul style="list-style-type: none">• Identify the most common symptoms for patients presenting with EoE• Discuss how presentations differ with age• Understand how EoE is diagnosed• Recognize treatment strategies and their limitations
1615-1700	Genelle Healey, BSc, PGDipDiet, PhD Postdoctoral Research Fellow at the University of British Columbia, Microbiome Research Consultant with Gut4Health at BC Children's Hospital Research Institute	The Gut Microbiome: How Does it Affect Your Health? Learning Objectives: <ul style="list-style-type: none">• Participants will learn about the composition of the gut microbiome and how it develops in children• Participants will learn how disruption/dysfunction of the gut microbiome (dysbiosis) may predispose to disease• Participants will learn about technologies used to study the microbiome and new therapeutic approaches using the microbiome to treat disease
1700	Day Two Ends	

* All presentations will take place in Room C300 unless otherwise noted.



children's health. today.

friday october 4 & saturday october 5, 2019
exploring contemporary pediatric issues

PRELIMINARY PROGRAM

REGISTER NOW!

12.75 CME CREDIT HOURS

SPONSORS & EXHIBITORS

THANKS TO ALL OUR SPONSORS & EXHIBITORS



abbvie



BIOMARIN



Please take the time to visit the exhibitors – their support of this conference allows us to keep the registration fees low. Exhibitors are open before the sessions, at the breaks, and at lunch.



CME ACCREDITATION

Children's Health Today 2019 has been approved for a maximum of 12.75 credit hours under Section 1 of the Maintenance of Certification (MOC) program of the Royal College of Physicians and Surgeons of Canada. This event has been approved by the Canadian Paediatric Society for a maximum of 12.75 credit hours as an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada. The specific opinions and content of this event are not necessarily those of the CPS, and are the responsibility of the organizer(s) alone.